

Jack Ayvazian, Ph.D.

INSTRUCTIONS FOR PSYCHOLOGICAL AND/OR NEUROPSYCHOLOGICAL EVALUATION OF AN ADULT

Dear Patient:

I am looking forward to seeing you for your evaluation appointment.

The following are some requests. Thank you for taking the time for reviewing them.

- If you wear glasses, a hearing aide, or any other assistive device, please wear them.
- Do not drink more than one alcoholic beverage at least 24 hours prior to your appointment. Do not come under the influence of an illegal drug or drugs. If you are taking prescription medications, please contact me prior to your appointment so we can discuss your medication.
- Do not have more than one cup of coffee, tea, energy drink, or any other item containing caffeine 24 hours prior to our appointment.
- Get plenty of sleep the night prior to our appointment.
- Let me know about any pain, weakness, or physical injuries you may have.
- Let me know prior to our appointment if you have experienced any recent life-threatening injury or psychological trauma.
- Because the appointment is expected to last 3-4 hours, bring a lunch and something to drink. You may also go out to lunch if you wish.
- Do not bring children or companions who require supervision.
- Feel free to call me with any questions.

Jack Ayvazian, Ph.D.
Neuropsychologist